

Chapter 5 Nutrients At Work

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Chapter 5 - Nutrients at Work Flashcards | Quizlet. *Identify the nutrients in foods and their main functions. *Describe the digestive process and its stages. *Summarize the body's absorption of nutrients. Search.

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Chapter 5: Nutrients at Work. 1. Absorption--nutrients move into the blood stream; usually takes place in the small intestine. 2. Adequate intakes--Dietary Reference Intake used when dietary allowance for a nutrient can't be scientifically established. Anemia--Blood disorder characterized by lack of energy, weakness, shortness of breath, and cold hands and feet; caused by lack of iron. basal metabolism--Minimum amount of energy needed to maintain basic body processes Calorie--Amount of ...

Chapter 5: Nutrients at Work

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Health Appearance Fitness Weight Illness Healing Emotions Future Health Nutrients Carbohydrates Proteins Fats Vitamins Minerals Phytonutrients Water Requirements RDA- Recommended Dietary Allowance AI- Adequate Intakes DRI- Dietary Reference Intakes Recommended calorie sources:

Nutrients at Work : Chapter 5 by Margaret Halbe on Prezi Next

Chapter 5--Nutrients at Work. From the video and on page 60 the . six basic nutrients . are listed. List each nutrient and after each nutrient write the . function. of the nutrient. 1. 2. 3. 4. 5. 6. 7. Which of the six nutrient(s) do you sometimes hear about in the media? List it . and . explain why . we might hear about it. 8. Page 65, read the entire section under

RCAS

Nutrients Carbohydrates Proteins Fats Vitamins Minerals Water Phytonutrients CHO-body's main source of fuel Pro-build, repairs, maintains and preserves tissues Fat-stored energy; insulation Vit-keep cells, tissues and organs healthy Min-help body work properly Water-medium for

Nutrients at Work : Chapter 5 by Amy Polites Fesse on ...

Direct patient care (medical nutrition therapy) is provided by the public health nutritionist in accordance with policies and procedures delineated in this manual chapter under "Ambulatory Nutrition Services" (see section 3-5.5).

Chapter 5 - Nutrition | Part 3

Title Chapter Objectives CHAPTER 5 Nutrients at Work Identify the nutrients in foods and their main functions. Describe the digestive process and its stages. Summarize the body's absorption of nutrients.

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individual work as well as small group and large group interaction. Students have an opportunity to work with their families at home on several projects where they can apply what they have learned in their daily lives. Goals: Content - Students will gain knowledge pertaining to nutrition and skills to apply the knowledge to their everyday lives.

An Introduction to Nutrition

Chapter 10 - Nutrition. Question(s): The gerontological nurse working in a long-term care facility is responsible to administer psychoactive medications for older adults for conditions such as depression, anxiety, bipolar disorder or psychosis. After reading your textbook, select one class of drug or 1 medication used for the treatment of the ...